

# poetic YOUTH

## Lesson 8: Cut-Up Poems

**Learning Objective:** To express one's self through poetry.s

**Warm Up:** Wishes and fears exercise. Have the group write three fears and three wishes down on a piece of paper. Have the group share their wishes with the rest of their group and then set them aside. Do not have the group share their fears. Instead, have the students fold their fears up and tear them apart.

Length: 15 minutes

**Writing Exercise:** Cut-ups poems; have lines from poems already cut up. Challenge the students to use the five lines they pick and also write an additional 15-20 lines. For example, choose 5 lines, free-write on favorite lines for 5 min, then add next line, free write for 5, etc, etc. Then underline favorite lines & re-write as a poem.

Length: 25-30 min

**Closing:** Go around the group and share (if they feel comfortable). If not the whole poem, perhaps they'd like to share one or two lines.

Length: 10 minutes